



Sonrise Christian School NEWSLETTER

Dear Parents

Tena koutou katoa

We warmly welcome to Sonrise Christian School, Mrs Sheelagh Cox who will be replacing Mrs. Robin Kapa as Teacher Aide.

Cultivating Gratitude

"Gratitude is not a new concept, but it is deeply grounded and founded in the Bible. It literally can be translated 'giving praise'. Over the past 15 years a significant number of studies have linked gratitude to increased happiness, stronger relationships, and improved physical health. Most recently studies on gratitude among youth suggest that it fosters more positive emotions and better attitudes towards school.

Recent research has found that teens who had high levels of gratitude when entering high school had less negative emotions and depression and more positive emotions, life satisfaction, and happiness six years later when they were finishing high school. They also had more hope and a stronger sense of meaning in life. Another study which followed students over six months, showed that feeling grateful motivates adolescents to help others and use their strengths to contribute to society.

As Christian educators and parents we must strive to ensure our young people and young adults understand the importance of service to others."

By Adam Osborne (NURTURE Magazine June 2017)

Ma te Atua e manaaki
God Bless, Wendy Gabriel

What's On? Term 3

School Photo Day
Thursday 31 August

Cross Country
Thursday 14 September, venue TBA

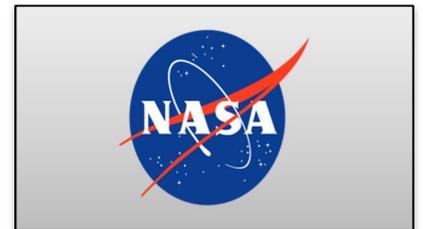
Sonrise Christian School Open Day
Tuesday 26 September, 9:00am-2:00pm

End of Term
Friday 29 September, 2:30pm
Muffi-Day

DEVOTIONAL THOUGHT

Psalm 136:1

Give thanks to the Lord for He is good,
For His steadfast love endures forever.



Free APPS for kids (NURTURE Magazine)

NASA

Come explore with NASA and discover the latest images, videos, mission information, news, etc.

You can check out a sunset over South Africa from space, track the orbit of the International Space Station, or countdown to the next launch.

LEGO Creator Islands

It is a fun, free building simulator game for boys and girls. Explore, build, and play on different, exotic islands with LEGO Creator sets that you assemble and use on the islands.

YouTube Kids

YouTube kids give your family an easy way to watch their favourite shows or explore anything that captures their imagination. It is free, simple to use, and full of family-friendly videos. The timer feature is a hit with parents as it helps with setting clear limits on screen time. As with many apps with ads or user-generated material, it is essential that parents stay involved.

Vision

To be a Thriving Community

Committed to Jesus Christ, Excellence in Education and Service to Others

Values

Love, Integrity, Faithfulness, Excellence

Celebrations

Room 1

Carl Carillo: His hard work with his homework.

Calla Kaa-Broughton: Her enthusiasm in all her learning, especially Writing.

Room 2

Pounamu Tawera-Morris: Expertise in Te Reo.

Salem-Mahia Randall: Effort and enthusiasm in Writing.

Room 4

Room 5

Cameron Leathart: For helpfulness and being "better than before" in Maths and Writing.

Principal's Award

Principals Award

Ririia Baker: For being an enthusiastic learner who always strives to improve.

House Points

RED 157
BLUE 130
GREEN 202
GOLD 105



This year's representatives at the Interschool Cross Country held at the A&P Showground today.

Walker Turner came 3rd in the Year 3 Boys 2000m race....

Hey are you going to the
Open Day at Sonrise?

When is it?

Tuesday 26th September

2017

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